# Suffolk County Veterans Resource Guide



#### STEVEN BELLONE

SUFFOLK COUNTY EXECUTIVE

#### THOMAS RONAYNE

SUFFOLK COUNTY VETERANS SERVICE AGENCY DIRECTOR



#### SUFFOLK COUNTY VETERANS SERVICE AGENCY

H. LEE DENNISON BUILDING- 3<sup>RD</sup> FLOOR 100 VETERANS MEMORIAL HIGHWAY HAUPPAUGE, NY 11788

PHONE NUMBER:

(631)-853-VETS (8387)

VISIT OUR WEBSITE AT:

http://suffolkcountyny.gov/veterans

EMAIL:

servingheros@suffolkcountyny.gov

THIS RESOURCE GUIDE IS MADE POSSIBLE THROUGH THE EFFORTS OF LEGISLATOR SARAH ANKER AND RESOLUTION NO. 1433-2019.

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\*This list is not exhaustive, if there is something not listed in this guide please contact Suffolk County Veterans Service Agency at 631-853-8387\*

#### COUNTY OF SUFFOLK



#### OFFICE OF THE COUNTY EXECUTIVE

Steven Bellone COUNTY EXECUTIVE

Dear Veteran,

Welcome to the Suffolk County Veterans Resource Guide.

First and foremost, on behalf of the 1.5 million residents of Suffolk County, I would like to thank you for your extraordinary service. As a veteran of the United States Army, I am proud to serve Suffolk County's veteran community. Whether you served overseas or here at home, we appreciate your service to our country.

Suffolk County is home to the largest veteran population in New York State and we understand how difficult it may be to reintegrate back to civilian life. While our Veterans Service Agency has a large directory of information, we hope that this comprehensive guide serves as an easy to navigate informational book of benefits and opportunities for you and your families.

All of these resources have been earned through your time in service. For more information, contact Thomas Ronayne, Director, Suffolk County Veterans Service Agency at 631-853-VETS (8387).

Sincerely,

STEVEN BELLONE

Suffolk County Executive

#### **Suffolk County Veterans Service Agency**



#### **Veterans Service Agency Director Thomas "Tom" Ronayne**

Prior to joining the Agency, Tom was a Construction Manager in NYC for firms including Tishman Construction Corp. as Lead Superintendent and employee veterans' liaison. Past Post, Suffolk County Council, District #1, NYS Aide de Camp, National Assistant Inspector General of Veterans of Foreign Wars of the U.S.. Tom served on active duty in the U.S. Navy for four years as a Tin Can (Destroyer) sailor and was deployed to El Salvador and Beirut, Lebanon during separate deployments as a Landing Forces Party and Weapons Security Petty Officer. While in service he was a STG2. He served aboard USS Vogelgesang DD-862 and USS Vreeland FF-1068. He was awarded a Navy Expeditionary Medal, Navy Battle "E" Ribbon, Sea Service Deployment Ribbon (w star), and Navy Pistol Expert.

#### Veterans Service Officer Gary W. Richard, Retired 1SG

Gary served active duty in the U.S. Army for thirty years. He is a Grenada, Desert Storm, Iraq, and Afghanistan veteran. While in service he was a First Sergeant for the Airborne Infantry 151st TIOG/Special Operations Command. He was awarded the Bronze Star w/V device, Purple Heart w/Oak Leaf Cluster, Meritorious Service Medal, ARCOM, AAM, Good Conduct Medal, Expeditionary Medal, Kuwaiti Liberation Medal, SWA Medal, AFRAM, ASR, NDSM w/BS, AOVSM, NCODP w/3, OSR w/2, IRAQ Campaign Medal, Afghanistan Campaign Medal, GWOT Medal, ARCAM, Air Assault Badge, Combat Infantryman Badge 2nd award, Master Airborne Badge, Drivers Badge w/wheel and track, Expert Rifle Badge w/pistol and Machine Gun tab, Gold Recruiters Badge, Infantry Cord, Order of Saint Barbara Medal, Army Outstanding Unit Citation w/BS, Unit Meritorious Unit Citation. He is an advocate for veterans and advocate of the Burn Pits issue.

#### Veterans Service Officer Melissa R. Pandolf USAF/ANG MSgt (Ret)

Melissa's military career spans over 20 years. She served four years on active duty in the Air Force as a flight medic both overseas and stateside. After separating active duty she joined the reserves and deployed to the United Arab Emirates. She then transferred from the reserves to the Air National Guard where she retrained from flight medicine to financial management for seven years before returning to her original career field as a medic. Among other awards and medals, she was awarded the Air Force Commendation Medal, Air Force Achievement medal with 2 devices, Air Reserve Forces Meritorious Service Medal with 5 devices, National Defense Service Medal with 1 device, Global War on Terrorism Service Medal, and the New York Defense of Liberty medal with 1 device for her deployment to Ground Zero following the events of 9/11. Melissa retired in 2016 at the rank of Master Sergeant.

#### Veterans Service Officer Brian Rooney U.S. Navy Veteran & Navy Reservist

Brian served in the United States Navy for five years active duty as a Quartermaster onboard DDG-51 USS Arleigh Burke. Within those five years, his ship supported Joint-Warrior operations with all NATO ships off the coast of Scotland in 2009 and 2011, pirate operations off the coast of Africa in 2009, and in 2012, supported Israel in numerous operations. During his service on active duty, he has earned his Enlisted Surface Warfare Specialist pin. He is currently serving in the Navy Reserves as a Quarter Master First Class Surface Warfare. In the reserves, QM1(SW) Rooney is on the funeral honor guard and services veteran families all over Long Island.

#### **Veterans Service Officer Anthony Delvalle**

Anthony served in the US Navy active duty for 4 years as a Personnelman counseling enlisted personnel concerning Navy ratings, training, advancement, awards, educational opportunities, their rights, benefits and advantages of a Navy career. He was then in the Army Reserve for a short time thereafter. He formerly worked for the US Department of Veterans Affairs.

#### **Veterans Service Officer Brian Gilroy**

Brian served 4 years active duty in the U.S. Army. He was in the first cavalry division at Ft. Hood, 1st brigade 12th cavalry regiment. He served as an m1 armor crewmember. He is a veteran of OIF.

#### **Veterans Service Officer Melinda Gobin**

Melinda served 3 years Active Duty in the US Navy. She served aboard the USS Simon Lake (AS-33) in La Maddelena, Italy as a Fireman and the USS Wasp (LHD-1) as an Operation Specialist 3rd class. Melinda earned her ESWS (Enlisted Service Warfare Specialist) as an E-3 on the USS Simon Lake (AS-33). She then went on and served 4 years in the Naval Reserves as a OS2 (Operation Specialist Second Class Petty Officer). She received the Armed Forces Service Medal, Navy "E" Ribbon, Sea Service Deployment Ribbon.

#### **Veterans Service Officer Victor C. Smith**

Victor served 3 years Active Duty in the US Navy. He was an Aviation Electronics Technician for Patrol Squadron 23 stationed at Naval Air Station Brunswick, Maine. P3 Squadron's Mission was primarily as Intelligence and Anti-Submarine Warfare (ASW) Platforms. He served as an Inflight Technician while deployed overseas. Deployments included: NAS Rota Spain, NAS Bermuda, NAS Keflavk Iceland, NAS Sigonella Sicily, and Lajes Airfield, Azores Portugal.

#### **Veterans Service Officer Hillary DiPasquale**

Hillary is an Army veteran who served 5.5 years as an active duty Military Police Officer. Some of her assignments include the 561st MP CO Ft. Campbell Kentucky, and the United States Army Garrison MP Detachment at West Point, NY. Her duties included all Law Enforcement Ops, as well as Investigative and Protection details.

If you would like an appointment with one of our Officers please call 631-853-VETS (8387)

## **Suffolk County Veterans ID Card Program**

Suffolk County Veterans Service Agency in partnership with local businesses, wish to extend their thanks to the Veterans of Suffolk County for their service by providing the Veterans ID Card, which provide Veterans discounts at local businesses. The discounts will be determined by



each business and their application will need to be approved by Suffolk County Veterans Service Agency. Suffolk County Veterans Service Agency is issuing ID cards to those veterans who meet the following criteria:

- Proof of their Suffolk County Residency
  - o Photo ID with resident address (driver or non-driver license)
- DD-214 Form showing an honorable discharge & active years served
- Rating Decision Letter showing service connected disability, if applicable

For a list of participating businesses and more information please visit <a href="https://www.suffolkcountyny.gov/veterans/Discount-Program">https://www.suffolkcountyny.gov/veterans/Discount-Program</a> or contact the Suffolk County Veterans Service Agency at 631-853-8387.



#### **Veteran's Docket Day**

Veterans Docket Day provides the opportunity for honorably discharged veterans, or those currently serving who have traffic, parking or red light camera citations pending before TPVA to participate in a special conference with a prosecutor.

Veterans Docket Day is held at the Suffolk County Traffic and Parking Violations Agency in Hauppauge on the **third Friday of the month at 2:00 P.M.** 

Suffolk County Traffic and Parking Violation Agency 100 Veterans Memorial Highway, Hauppauge, NY 11778

Website: https://www.suffolkcountyny.gov/tpva/

#### **Important Numbers for Vets**

- VA Regional Office (800) 827-1000
- VA Hospital Northport (631) 261-4400
- Veteran Crisis Line 1-800-273-8255 Press 1
- VA Life Insurance (800) 669-8477
- VA Home Loans (888) 768-2132 Option 1
- Vets Food Pantry (631) 924-1601
- Veteran Crisis Line (800) 273-TALK
- DAV Transportation (631) 754-7980 (2 week notice required)
- Long Island State Veterans Home (631) 444-8500
- Department of Social Services: (631) 854- 9935 Emergency after office hours (631) 854-9100
- Office of Aging (631) 853-8200
- Women Services (631) 853-8222
- Homeless Veterans, The Vets Place (631) 924-8088

#### **Town Tax Assessors**

All veterans are encouraged to contact their town tax assessors to verify they are receiving their local veteran tax exemption discount. Deadlines to apply for tax exemptions are March 1<sup>st</sup>.

- Babylon Tax Assessor's Office at (631) 957-3014
- Brookhaven Tax Assessor's Office (631) 451-6300
- East Hampton Tax Assessor's Office (631) 324-4187
- Huntington Tax Assessor's Office at (631) 351-3226
- Islip Tax Assessor's Office at (631) 224-5585
- Riverhead Assessor's Office at (631) 727-3200
- Shelter Island Tax Assessor's Office (631) 749-1080
- Smithtown Tax Assessor's Office (631) 360-7560
- Southampton Tax Assessor's Office at (631) 283-6020
- Southold Tax Assessor's Office at (631) 765-1937



## **Suffolk County Legislature**





Name	District	Office Address   Phone   Fax	
T 11.	1	423 Griffing Ave Suite 2	
Legislator		Riverhead, NY 11901	
Al Krupski		Phone: 631-852-3200 Fax: 631-852-3203	
T a dalatan		75 Washington St.	
Legislator	2	PO Box 1827 Sag Harbor, NY 11963	
Bridget Fleming		Phone: 631-852-8400 Fax: 631-852-8404	
Legislator		1120 Montauk Hwy., Suite G	
Rudy A.	3	Mastic, NY 11950	
Sunderman		Phone: 631-852-1300 Fax: 631-852-1303	
	4	325 Middle Country Rd., Suite 3	
Legislator		Selden, NY 11784	
Tom Muratore		Phone: 631-854-9292 Fax: 631-854-9351	
Deputy Presiding	5	306 Main St.	
Officer		Pt. Jefferson, NY 11777	
Kara Hahn		Phone: 631-854-1650 Fax: 631-854-1653	
Lacialatan	6	620 Route 25A, Suite B	
Legislator Sarah S. Anker		Mt. Sinai, NY 11766	
Saran S. Alikei		Phone: 631-854-1600 Fax: 631-854-1603	
	7	90 W. Main St., Suite 2N	
Presiding Officer Robert Calarco		Patchogue, NY 11772	
Robert Carareo		Phone: 631-854-1400 Fax: 631-854-1403	
	8	1609 Grundy Avenue	
Legislator		Holbrook, NY 11741	
Anthony Piccirillo		Phone: 631-854-9611 Fax: 631-854-9687	

	9	55 2 <sup>nd</sup> Ave., Suite 7
Legislator		Brentwood, NY 11717
Samuel Gonzalez		Phone: 631-853-3700 Fax: 631-853-3568
		96 E Main St., Suite 5
Legislator	10	East Islip, NY 11730
Tom Cilmi		Phone: 631-854-0940 Fax: 631-854-0943
	11	4 Udall Rd., Suite 4
Legislator		
Steven J. Flotteron		West Islip, NY 11795  Phone: 631, 854, 4100 Fey: 631, 854, 4103
		Phone: 631-854-4100 Fax: 631-854-4103
I:-late	10	725 Veterans Memorial Hwy.
Legislator	12	PO Box 6100- Building 17
Leslie Kennedy		Hauppauge, NY 11788
		Phone: 631-854-3735 Fax: 631-854-3744
Legislator	13	59 Landing Ave., Suite 1
Robert Trotta		Smithtown, NY 11787
		Phone: 631-854-3900 Fax: 631-854-3903
Legislator	14	125C S. Wellwood Ave.
Kevin J. McCaffrey		Lindenhurst, NY 11757
		Phone: 631-854-1100 Fax: 631-854-1103
Vacant		
v acant	15	
I i-l-4- "	16	6080 Jericho Tpk., Suite 307
Legislator		Commack, NY 11725
Susan A. Berland		Phone: 631-854-5100 Fax: 631-854-5103
	17	130 W. Jericho Tpk.
Legislator		Huntington Station, NY 11746
Tom Donnelly		Phone: 631-854-4433 Fax: 631-854-4415
		224 Wall St., Suite 303
Legislator	18	Huntington, NY 11743
William Spencer		Phone: 631-854-4500 Fax: 631-854-4503

## **Suffolk County Government**



For more information visit www.suffolkcountyny.gov/

Suffolk County Executive Steve Bellone	H. Lee Dennison Bldg. 100 Veterans Memorial Highway Hauppauge, NY 11788-0099 Phone: (631) 853-4000		
Suffolk County Comptroller John Kennedy Jr.	H. Lee Dennison Bldg. 9 <sup>th</sup> Floor 100 Veterans Memorial Highway Hauppauge, NY 11788-0099 Phone: (631-853-5040		
Suffolk County County Clerk Judith A. Pascale	310 Center Drive Riverhead, NY 11901 Phone: 631-852-2000		
Suffolk County District Attorney Timothy D. Sini	North County Complex, Bldg. 77 725 Veterans Memorial Hwy Hauppauge, NY 11788 Phone: 631-853-4161		
Suffolk County Sheriff Errol Toulon Jr.	Riverhead Correctional Facility 100 Center Drive Riverhead, NY 11901 Phone: 631-852-2205		

## New York State Senate and Assembly Representatives for Suffolk County

## \*District maps and more information can be found at

https://nyassembly.gov/ or https://www.nysenate.gov/

NYS Senator Kenneth LaValle	1 <sup>st</sup> Senate District	28 North Country Rd, Suite 203 Mount Sinai, NY 11766 Phone: 631-473-1461
NYS Senator John Flanagan	2 <sup>nd</sup> Senate District	260 Middle Country Road, Suite 102 Smithtown, NY 11787
NYS Senator Monica Martinez	3 <sup>rd</sup> Senate District	Phone: 631-361-2154 250 Veterans Memorial Highway, Perry B. Duryea State Office Building, Suite 3B-41 Hauppauge, NY 11788 Phone: (631) 360-3356
NYS Senator Philip Boyle  4 <sup>th</sup> Senate District		69 W Main Street Suite B Bay Shore, NY 11706 Phone: 631-665-2311
NYS Senator James Gaughran	5 <sup>th</sup> Senate District	485 Underhill Blvd Suite 102 Syosset, NY 11791
NYS Senator John Brooks	6 <sup>th</sup> Senate District	Phone: 516-922-1811  5550 Merrick Road Suite 205 Massapequa, NY 11758 Phone: 516-882-0630
NYS Assemblyman Fred Thiele	1 <sup>st</sup> Assembly District	3350 Noyac Road Building B, Suite 1 Sag Harbor, NY 11963 Phone: 631-537-2583
NYS Assemblyman Anthony Palumbo  2 <sup>nd</sup> Assembly District		30 West Main Street Suite 103 Riverhead, NY 11901 Phone: 631-727-0204
NYS Assemblyman Joe DeStefano  3rd Assembly District		1735 N. Ocean Ave. Ste. A Medford, NY 11763 Phone: 631-207-0073

		Fax: 631-207-2006
NYS Assemblyman Steve Englebright	4 <sup>th</sup> Assembly District	149 Main Street East Setauket, NY 11733
		Phone: 631-751-3094
NYS Assemblyman Doug Smith	5 <sup>th</sup> Assembly District	991 Main Street Suite 202 Holbrook, NY 11741
		Phone: 631-585-0230
NYS Assemblyman Phil Ramos  6 <sup>th</sup> Assembly District		1010 Suffolk Ave. Brentwood, NY 11717 Phone: 631-435-3214
NYS Assemblyman Andrew Garbarino	7 <sup>th</sup> Assembly District	859 Montauk Hwy Suite 1 Bayport, NY 11705 Phone: 631-589-0348
NYS Assemblyman Michael Fitzpatrick	8 <sup>th</sup> Assembly District	50 Route 111 Suite 202 Smithtown, NY 11787 Phone: 631-724-2929
NYS Assemblyman Michael LiPetri 9 <sup>th</sup> Assembly District		512 Park Blvd. Massapequa Park, NY 11762 Phone: 516-541-4598
NYS Assemblyman Steve Stern	10 <sup>th</sup> Assembly District	95 Broad Hollow Road Suite 100 Melville, NY 11747 Phone: 631-271-8025
NYS Assemblyman Kimberly Jean-Pierre	11 <sup>th</sup> Assembly District	640 West Montauk Highway Lindenhurst, NY 11757 Phone: 631-957-2087
VACANT 12 <sup>th</sup> Assembly District		N/A

## **New York Congress and Senate Representatives for Suffolk County**

#### \*District maps and more information can be found at

https://www.house.gov/ or https://www.senate.gov/

		East End Office: 30 West Main St., Suite 201 Riverhead, NY 11901 Phone: (631) 209-4235
US Congressman Lee Zeldin	1 <sup>st</sup> District	Main District Office: 31 Oak St., Suite 20 Patchogue, NY 11772
		Phone: 631-289-1097 Fax: 866-404-6613
US Congressman Peter King	2 <sup>nd</sup> District	Massapequa Park District Office: 1003 Park Boulevard Massapequa Park, NY 11762 Phone: 516-541-4225
US Congressman Thomas Suozzi	3 <sup>rd</sup> District	Huntington Office: 478A Park Avenue Huntington, NY 11743 Phone: 631-923-4100
US Senator Charles E. Schumer	Senator for New York	Melville Office: 145 Pine Lawn Road, #300 Melville, NY 11747 Phone: 631-753-0978
US Senator Kirsten Gillibrand	Senator for New York	Melville Office: 155 Pine Lawn Road Suite 250 North Melville, NY 11747 Phone: 631-249-2825

## DAYS AND OBSERVANCES FOR US ARMED FORCES

January:	July:
34.144.23	27 <sup>th</sup> - Korean War Veterans Armistice Day
	29 <sup>th</sup> - Anniversary of the Army Chaplain Corps
	25 Thin tersury of the Finnity Chaptain Costpo
February:	August:
3 <sup>rd</sup> - Four Chaplains Day	4 <sup>th</sup> - Coast Guard Reserve Birthday
18 <sup>th</sup> - President's Day	7 <sup>th</sup> - Purple Heart Day
19th- Coast Guard Reserve Birthday	8 <sup>th</sup> - VJ Day
	29th- Marine Forces Reserves Birthday
March: Month of the Military Caregiver	September:
3 <sup>rd</sup> - Navy Reserve Birthday	11 <sup>th</sup> - Patriot Day
5 <sup>th</sup> - Seabee Birthday	18 <sup>th</sup> - Air Force Birthday
13th- K 9 Veterans Day	21st- POW/MIA Recognition Day
29th- Vietnam Veterans Day	29th- Gold Star Mother's and Family's Day
April: Month of the Military Child	Octobore
5 <sup>th</sup> - Gold Star Wives Day	October: 7 <sup>th</sup> - Ms. Veteran America Pageant
14 <sup>th</sup> - Air Force Reserve Birthday	13 <sup>th</sup> - Navy Birthday
23 <sup>rd</sup> - Army Reserve Birthday	14 <sup>th</sup> - Columbus Day
23 - Army Reserve Birtilday	26 <sup>th</sup> - National Day of the Deployed
	26 - National Day of the Deployed
May: National Military Appreciation Month	November: Military Family Month
1st- Loyalty Day	10 <sup>th</sup> - Marine Corps Birthday
1 <sup>st</sup> - Silver Star Service Banner Day	11th- Veterans Day
8th- VE Day	·
10th- Military Spouse Appreciation Day	
13th- Children of Fallen Patriots Day	
18th- Armed Forces Day	
27 <sup>th</sup> - Memorial Day	
June:	December:
6 <sup>th</sup> - Anniversary of the World War II Allied	1 <sup>st</sup> - Civil Air Patrol Birthday
Invasion in Normandy, France, known as D-	7 <sup>th</sup> - Pearl Harbor Day
Day	13th- National Guard Birthday
14 <sup>th</sup> - Flag Day	14 <sup>th</sup> - National Wreaths Across America
14 <sup>th</sup> - Army Birthday	28th- Anniversary of the Army Chaplain Assistant
23 <sup>rd</sup> - Coast Guard Auxiliary Birthday	
25 <sup>th</sup> - Anniversary of the start of the Korean War	
27th- National PTSD Awareness Day	

#### **Heroes of the Game**

The Long Island Ducks,
Suffolk County Executive
Steve Bellone and
Legislator Susan A.
Berland are proud to
honor veterans. Veterans
will be honored at every
home game and will
receive 10 complimentary
tickets to the game for
family and friends.

Contact Suffolk County Veterans Service Agency for more information at (631) 853-8387





## **Armed Forces Day Ceremony**

Date: May 16th, 2020

Time: 11:00 AM



Location: Armed Forces Plaza, Hauppauge in front of the H. Lee Dennison Building

**Keynote Speaker:** TBD

For more information please contact the Suffolk County Veterans Service Agency at (631) 853-8387



## Joseph P. Dwyer Veterans Peer Support Project



A Joint Initiative of Suffolk County United Veterans & Suffolk County Veterans Service Agency

Group Site Address Listing Updated as of February 13, 2020

#### Weekly Groups:

Liberty Village - 600 Albany Avenue, N. Amityville, NY 11701 Every Monday: 6 - 7 pm

The Vets Place - 32 Mill Road, Yaphank, NY 11980 Every Tuesday: 2:30 - 3:30 pm

Beacon House - 1715 Union Blvd., Bay Shore, NY 11706 Every Tuesday: 5 - 6 pm

Long Island Community Hospital – 101 Hospital Rd. Patchogue, NY 11772 Every Tuesday: 5:30 – 6:30 pm

Sag Harbor – 1357 Brick Kiln Rd. Sag Harbor, NY 11963 Every Wednesday: 6 -7 pm

Liberty Landing – 58 Portion Road, Lake Ronkonkoma, NY 11779 Every Wednesday: 4 – 5 pm

#### **Monthly Meetings**

Woman Veteran Group:Liberty Village - 600 Albany Avenue, N. Amityville, NY 11701 <sup>2nd</sup> Monday of the month: 6 - 7 pm

Senior Veteran Group: Brookhaven Vets Chat - Rose Caracappa Senior Center 739 Route 25A, Mt Sinai, NY 11766

 $2^{
m nd}$  Thursday of the month: 10-11 am

American Legion Post 269 Monthly Community Breakfast (open to all community) 215 South Ocean Avenue Patchogue, NY 11772

3rd Saturday of the month: 10 - 11 am

Phone: (631) 853-8345 e-mail: <u>vetspeertopeer@suffolkcountny.gov</u> Facebook: Joseph P. Dwyer Veterans Peer Support Project





## SAVE THE DATE!!!

7th ANNUAL

**VETERAN & FAMILY** 

## DAY OF WELLNESS

Saturday June 13th 2020

9 AM - 4 PM

Camp Pa-Qua-Tuck

2 Chet Swezey Road

Center Moriches, NY

Registration information to follow.

Hosted by the

Joseph Dwyer Veterans Peer Support Project

A Joint Initiative of Suffolk County United Veterans & Suffolk County Veterans Service Agency



Phone: (631) 853-8345 www.dwyerproject.org Facebook: Joseph P. Dwyer Veterans Peer Support Project



## • 2020 Runs To Be Announced



## • 2020 Date To Be Announced



#### **Food Assistance**

Military Appreciation Tuesdays: Hosted each week at Long Island Cares' pantries located in Huntington Station, Lindenhurst, and Freeport, this is a chance for veterans and their families to access food, as well as personal care items, household products, pet food, and school supplies when available. All veterans are provided with information and resources pertaining to



veteran-specific benefits. We are grateful to have BNY Mellon Wealth Management as the sponsor of this critical program.

**Mobile Pantry:** Delivers nutritious groceries to homebound, disabled veterans unable to access their local pantries.

**VetsWork:** Assistance that can help veterans build job skills (i.e. cover letter and résumé writing), aid in their job search process, and facilitate real workplace experience through various volunteer and training opportunities.

Community Outreach Initiatives: By collaborating with both the Nassau and Suffolk County Veterans Service Agencies and the Northport VA Hospital, we are able to support events such as Veteran Stand Downs which provide vital health and social services to veterans of all ages and circumstances. In addition, our services are made available to various community organizations providing counseling, homeless outreach, and emergency assistance to veterans in need.

#### Long Island Cares, Inc.

10 Davids Drive (Harry Chapin Way), Hauppauge, NY 11788

Phone: 631-582-FOOD (3663) Fax: 631-273-2184

#### **Nassau Center for Collaborative Assistance**

21 E Sunrise Highway, Freeport, NY 11520

Phone: 516-442-5221, Fax: 516-442-5224

#### **South Shore Service Center**

163-1 North Wellwood Ave, Lindenhurst, NY 11757 Phone 631-991-8106 Fax 631-991-8109

#### Harry Chapin Food Bank and Humanitarian Center

220 Broadway, Huntington Station, NY 11746

Phone 631-824-6384

For more information visit our website at: <a href="www.LICares.org">www.LICares.org</a>
Phone: 631-582-FOOD Email: info@licares.org



Staff along with volunteers who also are veterans, and working with local veteran's organizations, Operation: HOPE delivers food and supplies to the doors of Long Island veterans and their families 2 days a week. In addition, Operation: HOPE volunteers and staff provide information and referrals to link veterans and military families with benefits and services that can help them.

To learn more, please contact John Maher at (516) 294-8528 ext.221 or John M@islandharvest.org

#### **Island Harvest Food Bank Locations:**

40 Marcus Blvd. Hauppauge, NY 11788

15 Grumman Rd. W. Bethpage, NY 11714

875 Jerusalem Ave. Uniondale, NY

Calverton NY

Island Harvest Phone Number: 516-294-8528

Website: <a href="https://www.islandharvest.org/">https://www.islandharvest.org/</a>



\*This list is not exhaustive, if you or someone you know is in need of food please contact Suffolk County Veterans Service Agency at (631) 853-8387

#### **Health Services**

#### **Northport VA Medical Center**

Address: 79 Middleville Rd. Northport, NY 11768

Phone: 631-261-4400

Administrative hours: Mon-Fri 8:00am - 4:00pm

VA Nurses Helpline 24 hour VA Nurses Help Line for Veterans:

1 800-877-6976

Website: https://www.northport.va.gov/index.asp



## Long Island State Veterans Home



#### AT STONY BROOK UNIVERSITY

Address: 100 Patriots Rd. Stony Brook, NY 11790

Phone: (631) 444-VETS

Website: https://veteranshome.stonybrookmedicine.edu/

#### Women Veterans Health Services at Northport VA

Contact: RosaMaria Williamson. LCSW

Women Veterans Program Manager

(631) 261-4400 x5793

Website: https://www.womenshealth.va.gov

Women Veterans Call Center: 1 (855) 829-6636

Call Center is available:

Monday-Friday, 8am-10pm Saturdays, 8am-6:30pm

Social Media:

Facebook: <a href="https://www.facebook.com/VeteransHealth">https://www.facebook.com/VeteransHealth</a>
Twitter: <a href="https://www.twitter.com/VeteransHealth">https://www.twitter.com/VeteransHealth</a>

Blog: <a href="https://www.blogs.va.gov">https://www.blogs.va.gov</a>

#### **Health Screenings for Women**

Women's Wellness Center (11W)

Northport VA Medical Center Bldg. 200/4th Floor/Unit 44

79 Middleville Rd. Northport, NY 11768

Phone: (631) 261-4400 x5778 Fax: (631) 754-7934

\*To schedule or cancel appointments for Women's Primary Care or Gynecology phone the CALL CENTER at (631) 754-7934

#### **Mental Health Services**

**Babylon Vets Center-** (631) 261-4400

Nassau Vets Center- (516) 348-0088

Northwell Health Unified Behavioral Health Center- (631) 647-2530

• Family counseling provided

#### Here to Help Military and Families

- Free, Confidential Psychological Counseling for Post 9/11 Long Island Military Service Members and Their Families
- **For help** call (631) 602-0075. We will return your call within 24 hours to discuss your needs.
- **To volunteer** as a clinician or as a general volunteer, call or email for an application: (631) 602-0075, <a href="militaryandfamilyhelp@gmail.com">militaryandfamilyhelp@gmail.com</a>

#### Joseph P. Dwyer Veterans Peer Support Project

- Phone: (631) 853-8345
- Email: vetspeertopeer@suffolkcountyny.gov
- Facebook: Joseph P. Dwyer Veterans Peer Support Project
- Website: www.dwyerproject.org

#### **Crisis Hotlines**

VA National Veterans CRISIS HOTLINE- 1(800) 273-8255 \*Press 1

National Suicide Prevention Lifeline- 1 (800)-273-TALK or text TN to 741741

**Response of Suffolk County-** (631) 751-7500

Victims Information Bureau of Suffolk (VIBS) - (631) 360-3606



## **Housing Assistance**

#### **Suffolk County United Veterans (SCUV)**

• Please Call (631) 924-1601

#### **Supported Services for Veteran Families (SSVF)**

• Please Call (631) 289-2601 ext. 124

#### **Economic Opportunity Council**

• Please Call (631) 289-2601

#### **United Veterans Beacon House**

• Please Call (631) 665-1571

\*This list is not exhaustive, if you or someone you know is in need of housing assistance please contact Suffolk County Veterans Service Agency at (631) 853-8387

#### Top 10 Reasons to Hire Vets!

#### 1. Faster Learning Curve

Veterans learn new skills and concepts quickly. They also come in with transferable job skills.

#### 2. Leadership

Veterans lead by example. They know how to manage for results.

#### 3. Teamwork

Veterans know how teamwork grows out of a responsibility to your peers. Their duties involve a blend of both individual and group work.

#### 4. Diversity in Action

Veterans have learned to work with people of different backgrounds. They do not discriminate by race, gender, geographic origin, ethnic background, religion or economic status. They also may have worked with people of different mental and physical ability.

#### 5. Efficient Performance under Pressure

Veterans work with tight schedules and limited resources. They know how to finish jobs on time, under stress. They know how to stay with a task until it is done right.

#### 6. Respect for Procedures

Veterans have a unique view on accountability. They can grasp their place in an organization. They are responsible for both subordinates' work and supervisory tasks.

#### 7. Technology and Globalization

Veterans keep on top of international and technical trends in the business world.

#### 8. **Integrity**

Veterans know what it means to do "an honest day's work." They have a track record of integrity, including security clearances.

#### 9. Conscious of Health and Safety Standards

Veterans know health and safety protocol. They maintain personal health and fitness. On a company level, this means protection of employees and property.

#### 10. Triumph over Adversity

Veterans beat the odds. They have been in tough situations and may have overcome a disability.

#### **Education and Employment**

#### **VetsWork through Long Island Cares**

- Help with creating a resume, writing a cover letter, interview skills, skills development, and more.
- If you have any questions or concerns please contact:

Fern Summer, Veteran Life Skills Specialist (631) 824-6385 | fsummer@licares.org

Michael Haynes, Chief Government Affairs Officer (631) 824-6386

#### SeniorNet Computer Classes (Northport VA)

Thursdays | 9:00am-11:00am | Building 12, Library

Free and Open To All Veterans

Classes Held on Thursdays- Dates TBD

To register contact Jinny Mullen, MHA, CTRS

(631) 261-4400 x7233

## **Suffolk County Department of Labor, Licensing and Consumer Affairs One-Stop Employment Center**

Phone: (631) 853-6600

Address: 725 Veterans Memorial Highway

Hauppauge, NY 11788

Website: https://www.suffolkcountyny.gov/Departments/Labor/Employment-Center

#### **Community Based Employment Services (CBES) (Northport VA)**

Offers rapid exploration of competitive employment opportunities to Veterans after identifying your goals; job development and placement services as well as identification of job-site accommodations necessary to empower you to function successfully in employment at your highest level. Assists with obtaining and maintaining employment, therefore, building a strong work history.

#### **CBES Staff**

James Fleischmann, MS, CRC

Chief Vocational Rehabilitation (631) 261-4400 x 2199 Monica Lanning MS, CRC Vocational Rehab Specialist (631) 261-4400 x2721

#### **Supported Employment Program at (Northport VA)**

The Supported Employment program offers an opportunity to Veterans who have experienced difficulty finding and maintaining employment due to the ups and downs of mental issues.

#### Contacts

James Fleischmann, MS, CRC Chief Vocational Rehabilitation (631) 261-4400 x 2199

Evelyn Nowlin, VRS, BSCS Employment Specialist (631) 261-4400 x2943

Dorothy Lippincott Program Support Assistant (631) 261-4400 x2198

#### **Suffolk County Community College**

Shannon O'Neill College Director of Veterans Affairs (631)-451-4869

#### **Legal Services**

#### **Suffolk County Bar Association**

Military & Veterans Affairs Committee

For further information please contact Suffolk County Bar Association Executive Director Jane LaCova (631) 234-5511 x231

#### **Legal Health**

Appointments: Carissa Buchko (631) 261-4400 x6591

Location: Northport VA Medical Center

Building 9, First Floor, Room 114, 79 Middleville Road, Northport, NY 11768

Schedule: By Appointments Only, Tuesdays & Thursdays 9:30am-2:00pm

#### **Legal Services**

#### **Touro Law Center**

Veterans' & Service members' Rights Clinic

**Contact Information:** 

**Directors:** 

Craig Bruno Deborah Misir

**Phone:** (631) 761-7476 **Phone:** (631) 761-7080

**Fax:** (631) 761-7089 **Fax:** (631) 761-7089

cbruno@tourolaw.edu vetsclinic@tourolaw.edu

Address: Touro Law Center 225 Eastview Drive, Central Islip, NY 11722

#### Military Children

#### **VA Kids Care**

Provides drop-in childcare services to assist veterans who may have difficulty in making VA appointments when they are also responsible for providing care to young children. VA Kids Care is a convenient and safe place for veterans to bring their children while they attend their medical and mental health clinics.

Hours of Operation: Monday-Friday from 7:30am-4:30pm

Address: Northport VA Medical Center 79 Middleville Road- Building 20 Northport, NY 11768

Phone: (631) 261-4400 x5866

#### **Pet Therapy**

#### Paws of War: Vets to Vets

Veterans and First Responders are invited to bring their pets for free services including:

- Annual exams
- Annual vaccinations
- Dental checks
- FIV/FeLV testing for felines
- Flea & Tick preventative care

- Grooming & Nail Clipping
- Heartworm Testing for Canines
- Heartworm preventative care
- Microchipping services

<sup>\*</sup>If you would like to schedule services, learn more about our programs, or would like a sponsor a wellness day please call **631-FOR-PAWS.** 

#### **Pet Therapy**

#### The Warrior Ranch Foundation

The Warrior Ranch Foundation, which was established in 2016, provides military veterans and first responders with workshops and opportunities to learn from experts on how to work with horses in a variety of ways. Participants experience companionship and lower stress levels while participating in activities that are proven to reduce symptoms of PTSD. Warrior Ranch also rehabilitates troubled horses, making them fit to return home or fit for adoption.



For more information, please visit their website: https://www.warriorranchfoundation.org/About.aspx

#### **Calverton National Cemetery**

Address: 210 Princeton Boulevard Calverton, NY 11933-1031

**Cemetery Administration Office** 

**Phone:** (631) 727-5410 **Fax:** (631) 727-5815

**Burial Arrangements Phone:** (800) 535-1117 **Fax:** (866) 900-6417

Website: www.cem.va.gov



#### **GI Bill**

**Phone:** 1 (888)-GIBILL-1 (1-888-442-4551)

If you're hearing impaired call 1-800-829-4833 Website: www.gibill.va.gov

#### **Frequently Asked Questions**



- 1. Where can I get a copy of my military records? Military records can be obtain via the internet at <a href="www.archives.gov">www.archives.gov</a> or by completing an SF180 Request for Military Records
- 2. I am divorced from the veteran, am I entitled to any VA benefits? No. VA Benefits are for the veteran, spouse or widow of the veteran.
- 3. How can I get a discount card? Please refer to **page 8** for The Suffolk County Discount Card Program
- 4. Are adult children of the veteran entitled to any benefits? If the veteran has a child that is disabled prior to their 18<sup>th</sup> birthday, they may be eligible for some VA Benefits.
- 5. What is the average wait time for a claim? Compensation claims developed and sent to the New York Regional Office from the SC Veterans Service Agency are typically processed in 6-8 months. Pension claims sent to the Philadelphia Regional Office from the SC Veterans Service Agency are typically processed in 8-12 months.
- 6. How can I get a copy of my most recent decision letter? The veteran can call the VA Hotline at 1-800-827-1000 to obtain a copy. The SC Veterans Service Agency is not permitted to make copies of the confidential decision letters we receive.
- 7. Can my spouse be seen at VA hospitals or clinics? No. If a spouse is eligible for any healthcare as a result of the veteran's service-connected benefits, they can call the VA Hotline at 1-800-827-1000 for more information on where they can be seen.
- 8. Am I eligible for free hearing aids at the VA? Eligible veterans can receive hearing aids at the VA. To verify eligibility, please call the Northport VA at 631-261-4400.
- 9. I need a caregiver. Will the VA send someone to my home? Please call the Northport VA at 631-261-4400 and speak to a social worker.
- 10. What benefits am I entitled to? Please call the SC Veterans Service Agency at 631-853-8387 and request to speak to a Veterans Service Officer.