

Join us on Thanksgiving morning for a 5K FUN run/walk!
There will be a clock, but no official timer –
This is really a celebration of health, thanks and a fundraiser for our local VFW Post. Thank you for your support!

Gender Male Female D.O.B / /

Schedule/Race Start Registration/check in from 7:30 - 8:45 AM; 5K starts at 9:00 AM The start and finish will be near the entrance to the Airport at the Walking Lady.

Registration Fees & Deadlines: Youth (12 & Under) - Free entry! * Students (13-18): \$24 * Adults (19+): \$30 Go green! Pre-register online at signmeup.com/122214 for \$10 off student/adult registration!

Offline forms must be received by November 15th * Online registration is open until November 21st at 11:00 PM

Costumes are encouraged but not required to participate!

Special prizes for best dressed in Adult and Children categories!

Name

Contact Address

Email		Phone		
		Student (13-18) - \$24		
terms of this waiver and release. <i>M</i> risks involved in participating in thi should not participate unless I am a concerning my ability to safely combut not limited to, traffic and other weather, including extreme temperace, I, for myself, my heirs, execut release and discharge VFW Post 53 participants, race officials, workers and any successors or assigns of thinjuries, demands, liabilities, loss, dwhether foreseen or unforeseen, a	y submission of this form shall act as sevent. I know that running and wall medically able and sufficiently trained plete this event. I assume all risks as conditions of the road surface, falls, ratures and precipitation. Knowing thors, administrators, or anyone else we so, the County of Suffolk, the Town of yolunteers, and any and all officers, e foregoing, and hold and waive the manage, or expenses, including but no rising out of, or in the course of, my	K Walk/Run, I verify that I have read, my legal signature. I understand the king a race is a potentially hazardous at to do so. I agree to abide by any decision of the walk of the participants, and contact with other participants, nese facts, for, and in consideration of the might claim on my behalf, covena of Southampton, the Village of Westh directors, employees and other representations from and against ANY AN obt limited to death, personal injury, and participation in this event. The above all of the terms of the waiver statement	nature of this event and the activity. I understand that I ision of any race official ion in this event, including, and the effects of the f, my participation in this not too sure and fully ampton Beach, race esentatives of the foregoin D ALL actions, claims, and property damage, has been read by all	
Participant Signature		Registra	Registration Fee \$	
(Parent/Guardian Signature if Under 18)		Additional Donation \$		
_			Total \$	

Make checks payable to **VFW Post 5350** and send entry to #101 Old Riverhead Rd. Westhampton Beach NY 11978 Questions? Contact Willam Hughes (631-653-9898, jollyg@verizon.net)